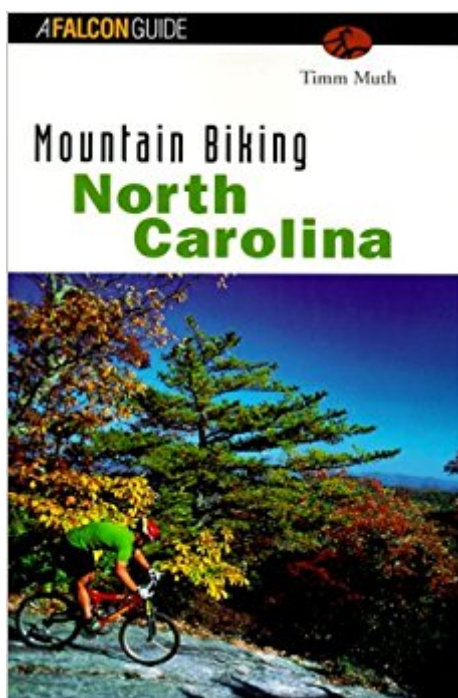




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# Mountain Biking North Carolina (State Mountain Biking Series)



## Synopsis

Between the Carolina coast and the Smoky Mountains, there are thousands of miles of sweet singletrack to explore. Author Timm Muth logged more than 2,000 miles on his mountain bike to bring you this selection of trails in the Tar Heel state. "Anything you could want in a mountain bike ride, you can find here somewhere: roots, rocks, twisty sylvan highways, mudholes, tortuous climbs, jagged descents, breathtaking scenery, and lakes of adrenaline," Muth writes in his introduction. Mountain bikers of all abilities will enjoy the classic assortment of rides included in this guide. Detailed ride descriptions make it easy to find trailheads and follow routes, helping you stay on track with easy-to-read maps and ratings for physical and technical difficulty. Mountain Biking North Carolina is part of Falcon's expanding series of statewide mountain biking guides designed to help make all your mountain biking adventures safe and memorable.

## Book Information

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## Customer Reviews

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Timm Muth is a writer, adventurer, mountain biking addict, perpetual martial arts student, tiger handler, and sometime engineer. He lives in Pittsboro, North Carolina. --This text refers to an out of print or unavailable edition of this title.

Now only if I could find a fishing guide this detailed in NC! This book is very detailed and organized. Tells you the ins' and outs' including basics on what to have for repairs or accidents and such. The maps are a good guide so if you are taking on a trail as a beginner and do not feel comfortable with say crossing a 1 foot wide log bridge over a creek, with this book you will now it's coming before it happens. The only thing I might add when reading this book do not let some of the tek 2 and 3 roots and down hills scare you as much as it sounds. So don't let it discourage you as a beginner rider after all you do see ahead of what is coming and you can make a judgment call before you take the stretch. Overall this is an amazing guide and I would be going into a lot a trails blind without it. (Some cases would have made the 2 hour drive to be sent back by some tek 4-5 logging, or disappointing in the easy smooth tek 1 all way single track). I will make a quick highlight list for you. 1. Small enough to take out on the trail for references 2. Maps let you know what to expect when and where 3. Detailed info on each trail including, location, distance, estimated time, difficulty, highlights the author thinks is worth mentioning( and they are!), type of trail, how to find trail head, who own land, and any fees that are required. 4. Well organized by area (all Raleigh trails are together etc... 5. Included trails most may ignore like smith lake or Wilmington (which I greatly appreciate being a near by local.

This is a biased review: I rode some of these trails with Timm while he was putting together the book. The book does a great job of communicating the care and enthusiasm he brought to the project (well, care in trail mapping - there were some impressive biffs). This book not only has a great selection of trails, but it's a fun read. By far the best guide to trails in North Carolina.

If you're going to mountain bike N.C. you need to own this book. It's easily the best one I own. The maps, directions, and charts are great and easy to follow. The rides are varied with all skill levels included. And this guy Muth has a great writing style, loaded with pesonality. My only suggestion is that he includes Dupont when he revises. Thanks Timm!

Outdated but ok

I bought this book to assist with planning for a trip to the Mt. Pisgah region. POSITIVES: The writing was in a fairly entertaining style, and the trail descriptions and maps had lots of details. NEGATIVES: There was no flow in the Mt. Pisgah section--the trails weren't arranged in sequence, neither by location nor by difficulty. Also, there were precious little recommendations for newbie flatlanders such as my son and I. The author seemed more interested in reporting his own experiences than in considering the needs of all his potential readers. The book's OK, but I would only recommend it as an adjunct to the excellent "Western NC: Pisgah" book by Jim Parham.

I really like the book-great descriptions and maps of the trails! Can't wait to get out and ride some of the trails he has listed!

This is the best mountain biking trail book I have read, period. Nice maps with the excellent addition of elevation gain and loss graph for the ride. Thorough trail descriptions allow one to gain a flavor for the ride while mentally preparing you for the challenges ahead. As an added bonus, Timm's writing style is enjoyable reading that will have one's imagination out on the trail regardless of where you are sitting with the book. He has obviously ridden many miles with a crazed biking grin while writing this book and it shows. Rides throughout the state are covered from gentle suburban greenways for casual riders to the knurliest of Pisgah descents for the hardcore addict. Anyone who has any off road biking interest in North Carolina should have this book. It makes you abandon thoughts of work and long to just get outside and ride.

I'll admit that I'm biased, just like an earlier reviewer, because I've ridden with and consider Timm a friend. However, I've got to take issue with a reviewer who lightly criticized this book as being lacking for a "newbie flatlander." In his Introduction, Timm makes no bones about the fact that "This book is about singletrack: twisty hardpack, slaloming through trees and roots and rocks, rising through heartbreaking climbs, and descending in sometimes frightening fashion." I applaud the newbie flatlander for taking a mountain biking vacation. Really, I do. I think it's the coolest thing, and I hope he takes more of them. But most people who take mountain biking vacations ARE people who are looking for trails like the ones in this book. And we can't change the landscape here in western NC...the fact of the matter is we have a lot of up and down, a lot of rocks and roots, and we

usually get a lot of rain. If we want easier riding, we either stick to the fire roads or we travel somewhere in the eastern half of the state. This book has what so many guidebooks lack: personality. The reason it's a great book is because Timm makes the trails seem, on paper, almost as much fun as they are on your bike. I've owned this book for a few years, and it never fails to snap me out of my doldrums when I can't decide where to ride. Just open a page, read the description, and I'm ready to go! I may even go ride Kitsuma today...

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